

# SOMA SCHOOL CALENDAR 2026 - 2027

	Immersion Weekends
	Additional Saturdays
	Breaks or pre-recorded, self-paced, study
	Indicating Fridays to help track the weeks

	Date	Day	Time	Format	Subject
week 1	9/25	Fri			
	9/26	Sat			
	9/27	Sun	<b>SELF DIRECTED STUDY: 9/25 - 10/15</b>		
	9/28	Mon			
	9/29	Tue			
	9/30	Wed			
	10/1	Thu			
week 2	10/2	Fri	5:30pm - 8:30pm	In-person	General
	10/3	Sat			
	10/4	Sun			
	10/5	Mon			
	10/6	Tue			
	10/7	Wed			
	10/8	Thu			
week 3	10/9	Fri			
	10/10	Sat			
	10/11	Sun			
Indigenous Day	10/12	Mon			
	10/13	Tue			
	10/14	Wed			
week 4	10/15	Thu			
	10/16	Fri	5:30pm - 8:30pm	In-person	General
	10/17	Sat	12:30pm - 6:30pm	In-person	Anatomy
	10/18	Sun	12:30pm - 5pm	In-person	Teaching Methods
	10/19	Mon			
	10/20	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	10/21	Wed			
	10/22	Thu			

week 5	10/23	Fri	5:30pm - 8:30pm	In-person	Decol Yoga
	10/24	Sat	12:30pm - 5pm	In-Person	Anatomy
	10/25	Sun			
	10/26	Mon			
	10/27	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	10/28	Wed			
	10/29	Thu			
week 6	10/30	Fri	5:30pm - 8:30pm	Pre-recorded	Anatomy
Halloween	10/31	Sat			
	11/1	Sun			
	11/2	Mon			
	11/3	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	11/4	Wed			
	11/5	Thu			
week 7	11/6	Fri	5:30pm - 8:30pm	Pre-recorded	Anatomy
	11/7	Sat			
	11/8	Sun			
	11/9	Mon			
	11/10	Tue	6:15am - 8:15am	Livestream	Beyond Asana
Veterans Day	11/11	Wed			
	11/12	Thu			
week 8	11/13	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	11/14	Sat	12:30pm - 6:30pm	In-person	Teaching Methods
	11/15	Sun	12:30pm - 5pm	In-person	Teaching Methods
	11/16	Mon			
	11/17	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	11/18	Wed			
	11/19	Thu			
week 9	11/20	Fri	5:30pm - 8:30pm	In-person	Practice / integration
	11/21	Sat			
	11/22	Sun			
	11/23	Mon	FALL BREAK		
	11/24	Tue			
	11/25	Wed			
Thanksgiving	11/26	Thu			
week 10	11/27	Fri			
	11/28	Sat			
	11/29	Sun			
	11/30	Mon			

	12/1	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	12/2	Wed			
	12/3	Thu			
week 11	12/4	Fri	5:30pm - 8:30pm	In-person	Yoga for Bigger Bod
	12/5	Sat			
	12/6	Sun			
	12/7	Mon			
	12/8	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	12/9	Wed			
	12/10	Thu			
week 12	12/11	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	12/12	Sat	12:30pm - 6:30pm	In-person	Teaching Methods
	12/13	Sun	12:30pm - 5pm	In-person	Teaching Methods
	12/14	Mon			
	12/15	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	12/16	Wed			
	12/17	Thu			
week 13	12/18	Fri	5:30pm - 8:30pm	In-person	Practice / integration
	12/19	Sat	12:30pm - 5pm	In-Person	Anatomy
	12/20	Sun			
	12/21	Mon			
	12/22	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	12/23	Wed			
Xmas Eve	12/24	Thu			
Xmas	12/25	Fri	<b>WINTER BREAK</b>		
week 14	12/26	Sat			
	12/27	Sun			
	12/28	Mon			
	12/29	Tue			
	12/30	Wed			
New Year's Eve	12/31	Thu			
New Year's	1/1	Fri			
week 15	1/2	Sat			
	1/3	Sun			
	1/4	Mon			
	1/5	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	1/6	Wed			
	1/7	Thu			
week 16	1/8	Fri	5:30pm - 8:30pm	In-person	Teaching Methods

	1/9	Sat	12:30pm - 6:30pm	In-person	Teaching Methods
	1/10	Sun	12:30pm - 5pm	In-person	Teaching Methods
	1/11	Mon			
	1/12	Tue			
	1/13	Wed			
	1/14	Thu			
week 17	1/15	Fri			
	1/16	Sat	<b>MLK Day Weekend</b>		
	1/17	Sun			
MLK Day	1/18	Mon			
	1/19	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	1/20	Wed			
	1/21	Thu			
week 18	1/22	Fri	5:30pm - 8:30pm	In-person	Practice / integration
	1/23	Sat			
	1/24	Sun			
	1/25	Mon			
	1/26	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	1/27	Wed			
	1/28	Thu			
week 19	1/29	Fri	5:30pm - 8:30pm	In-person	Decol Yoga
	1/30	Sat			
	1/31	Sun			
	2/1	Mon			
	2/2	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	2/3	Wed			
	2/4	Thu			
week 20	2/5	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	2/6	Sat	12:30pm - 6:30pm	In-person	Teaching Methods
	2/7	Sun	12:30pm - 5pm	In-person	Teaching Methods
	2/8	Mon			
	2/9	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	2/10	Wed			
	2/11	Thu			
week 21	2/12	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	2/13	Sat	12:30pm - 5pm	In-Person	Anatomy
V-day	2/14	Sun			
President's Day	2/15	Mon			
	2/16	Tue	6:15am - 8:15am	Livestream	Beyond Asana

	2/17	Wed			
	2/18	Thu			
week 22	2/19	Fri	5:30pm - 8:30pm	In-person	Yoga for Bigger Bod
	2/20	Sat			
	2/21	Sun			
	2/22	Mon			
	2/23	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	2/24	Wed			
	2/25	Thu			
week 23	2/26	Fri	5:30pm - 8:30pm	Pre-recorded	Anatomy
	2/27	Sat			
	2/28	Sun			
	3/1	Mon			
	3/2	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	3/3	Wed			
	3/4	Thu			
week 24	3/5	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	3/6	Sat	12:30pm - 6:30pm	In-person	Teaching Methods
	3/7	Sun	12:30pm - 5pm	In-person	Teaching Methods
	3/8	Mon			
	3/9	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	3/10	Wed			
	3/11	Thu			
week 25	3/12	Fri	5:30pm - 8:30pm	In-person	Practice / integration
	3/13	Sat			
	3/14	Sun			
	3/15	Mon			
	3/16	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	3/17	Wed			
	3/18	Thu			
week 26	3/19	Fri	5:30pm - 8:30pm	In-person	Decol Yoga
	3/20	Sat			
	3/21	Sun			
	3/22	Mon			
	3/23	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	3/24	Wed			
	3/25	Thu			
week 27	3/26	Fri	<b>SPRING BREAK</b>		
	3/27	Sat			

Easter	3/28	Sun			
	3/29	Mon			
	3/30	Tue			
	3/31	Wed			
	4/1	Thu			
week 28	4/2	Fri	5:30pm - 8:30pm	Pre-recorded	Anatomy
	4/3	Sat			
	4/4	Sun			
	4/5	Mon			
	4/6	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	4/7	Wed			
	4/8	Thu			
week 29	4/9	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	4/10	Sat			
	4/11	Sun			
	4/12	Mon			
	4/13	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	4/14	Wed			
	4/15	Thu			
week 30	4/16	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	4/17	Sat	12:30pm - 6:30pm	In-person	Teaching Methods
	4/18	Sun	12:30pm - 5pm	In-person	Teaching Methods
	4/19	Mon			
	4/20	Tue			
	4/21	Wed	6:15am - 8:15am	Livestream	Beyond Asana
	4/22	Thu			
week 31	4/23	Fri	5:30pm - 8:30pm	In-person	Decol Yoga
	4/24	Sat	12:30pm - 5pm	In-Person	Anatomy
	4/25	Sun			
	4/26	Mon			
	4/27	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	4/28	Wed			
	4/29	Thu			
week 32	4/30	Fri	5:30pm - 8:30pm	In-person	Practice / integration
	5/1	Sat			
	5/2	Sun			
	5/3	Mon			
	5/4	Tue	6:15am - 8:15am	Livestream	Beyond Asana
Clnco de Myo	5/5	Wed			

	5/6	Thu			
week 33	5/7	Fri	5:30pm - 8:30pm	Pre-recorded	Anatomy
	5/8	Sat			
Mother's Day	5/9	Sun			
	5/10	Mon			
	5/11	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	5/12	Wed			
	5/13	Thu			
week 34	5/14	Fri	5:30pm - 8:30pm	In-person	Practice / integration
	5/15	Sat	12:30pm - 6:30pm	In-person	Practice / integration
	5/16	Sun	12:30pm - 5pm	In-person	Practice / integration
	5/17	Mon			
	5/18	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	5/19	Wed			
	5/20	Thu			
week 35	5/21	Fri	5:30pm - 8:30pm	In-person	Anatomy
	5/22	Sat	12:30pm - 5pm	In-Person	Teaching Methodology
	5/23	Sun			
	5/24	Mon			
	5/25	Tue	6:15am - 8:15am	Livestream	Beyond Asana
	5/26	Wed			
	5/27	Thu			
week 36	5/28	Fri	<b>OFF: MEMORIAL DAY WEEKEND</b>		
	5/29	Sat			
Memorial Day	5/30	Sun			
	5/31	Mon			
	6/1	Tue	6:15am - 8:15am	Livestream	Teaching Methods
	6/2	Wed			
	6/3	Thu			
week 37	6/4	Fri	5:30pm - 8:30pm	In-person	Decol Yoga
	6/5	Sat			
	6/6	Sun			
	6/7	Mon			
	6/8	Tue	6:15am - 8:15am	Livestream	Teaching Methods
	6/9	Wed			
	6/10	Thu			
week 38	6/11	Fri	5:30pm - 8:30pm	In-person	Teaching Methods
	6/12	Sat	practicum TBD		
	6/13	Sun	practicum TBD		

	6/14	Mon	practicum TBD		
	6/15	Tue	practicum TBD		
	6/16	Wed	practicum TBD		
	6/17	Thu	practicum TBD		
week 39	6/18	Fri	5:30pm - 8:30pm	In-person	Practicum
Juneteenth	6/19	Sat	12:30pm - 6:30pm	In-person	Practicum
	6/20	Sun	12:30pm - 5pm	In-person	GRADUATION!!!